



**News Release**  
**May 18, 2022**

**Maynard, MA:**

Neighbor Brigade is pleased to announce that our **10<sup>th</sup> Annual Pam's Run** road race will be in person on October 16, 2022 in Wayland, MA. More info about the race, how to register, and to sponsor the event can be found at [pamsrun.com](http://pamsrun.com).

Pam's Run is dedicated to the memory and legacy of Pam Manikas Washek, founder of Neighbor Brigade and tireless champion for families in crisis. After suffering her first bout with cancer in 2002, Pam decided to turn her pain into purpose by helping others experiencing similar crises. She and her friend Jean Seiden first conceived of Wayland Angels after each of them received caring acts of kindness from their own neighbors as they faced long treatments, while valiantly keeping their families strong and together. In 2010, Pam turned Wayland Angels into Neighbor Brigade to give people in communities beyond her hometown a way to support their fellow neighbors when serious illness or other tragedy strikes.

Pam's vision was to establish a chapter of neighbor-based volunteers in every town across Massachusetts, then New England and the nation. She believed it was an imperative not only for those who needed the assistance, but also for the volunteers themselves. Pam understood our shared human need for community and our need to care for and be cared by one another.

Pam lost her battle with cancer in 2012, but her legacy lives on in Neighbor Brigade, a 501c3 that establishes and mobilizes networks of community-specific volunteers ready to help immediately and effectively when a crisis strikes due to illness, surgery, or tragedy. The organization has grown to 28 chapters in three states (MA, RI, NJ) and has supported over 20,000 clients in need utilizing a vast network of over 3000 volunteers.

**Neighbor Brigade is here to help.** If you live in a town where we have a Chapter, local volunteers are ready and waiting to help you. Our volunteers are screened and can often respond within 48 hours. To find out if there is a Neighbor Brigade Chapter near you, please go to our website or give us a call.

**Want to volunteer?** Help out once a week or once a year; there is no requirement for how often you choose to volunteer.

To find a chapter, request help, volunteer, or donate visit [www.neighborbrigade.org](http://www.neighborbrigade.org) or call us at 855/241-HELP(4357).